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By contrast, many of the subsistence fishermen use a "Cuban yo-yo," a homemade wooden spool wrapped with monofilament. Twirling it around their heads, they can toss a baited hook with 2 ounces of lead 30 yards or more. Some have rods. "Tackle is limited to what they can make or trade with people who travel outside the country," [NAME DELETED] says, adding that several fishermen asked him to bring gear on his next trip. Until international fishing loot arrives, the anglers salvage useful materials from trash heaps.

Fishing is sometimes a solitary endeavor. When [NAME DELETED] was in Puerto Esperanza, a small town on the northern coast west of Havana, he witnessed a gathering at the waterfront in honor of someone who was missing at sea.

The majority of boats [NAME DELETED] observed in Cuba were small, wooden skiffs, some with engines, sails and oars, or paddles. He also saw makeshift rafts pieced together with Styrofoam and wood or plastic.

Along with yo-yos, some subsistence and commercial fishermen, who are generally middle-aged or older, fish long lines and gill nets, [NAME DELETED] says. Their makeshift iceboxes or coolers are stuffed with frozen water bottles.

Those without boats congregate at El Malecón, a seawall where the Straits of Florida meet Havana. In the evening, it's a popular gathering place to drink rum, fish, play music and dance. [NAME DELETED] says people fish for hours along the seawall, to pass time and to eat. "If I went back in 10 years," he says, "these fishermen probably would be doing the same thing."

